## **VOLUME 3, ISSUE 3**

# **PODIUM**

A Quarterly Newsletter by Prakhyata Abhinand Charitable Trust

October - December 2022





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### From the Founder's Desk

Greetings! Commitment. What does this word mean to you? To me, it means being true to what I agree upon. The outcome is secondary, what matters is that I put in a hundred per cent effort.

The third quarter of 2022-23 was full of examples of commitment. While visiting and screening the children in some child care institutes (CCI), we witnessed the committed work of the caregivers, heads of CCI and the children themselves. We were inspired to include commitment as a core component of PACT's ethos.

This is not an individual's responsibility though. It must be woven into the DNA of our organisation. While the delegation of work is to organizational growth, inspiring my colleagues to adopt PACT's mission and vision in word and spirit has been an utmost priority. The good news is that we have young, passionate people to work with us. And we are committed to building their careers as they grow with us.

This thought makes me more responsible and motivates me to build a sustainable organization. Leveraging our team's strength and synergies, and collaborating to produce remarkable results for the orphaned, abandoned and surrendered (OAS) children with special needs (CwSN), the CCIs and the caregivers –

these are our commitments as we near the new operational year in April 2023.

Adhyan Foundation has been incredible in understanding our need for future operations, their support is invaluable. UnLtd India has incubated our programs and is making us a goal-oriented organization.

I must thank Ms Chitra Aravind who agreed to support the initiative with the District Child Protection Unit, Bengaluru on behalf of her family. It paved the way to reach out to 165+ CCIs across Bangalore.

A famous quote "Coming together is a beginning, staying together is progress and working together is a success," is ringing true for PACT. We are looking forward to starting 2023 with cheers and smiles. Wish you a happy and prosperous new year as well!

REUBAN DANIEL. C Co-founder, PACT India

### **Feature Article**

# NOT EVERY CHILD WITH SPECIAL NEEDS IS DISABLED THOUGH THE VICE-VERSA IS ALWAYS TRUE.

Everybody has needs. As humans, our needs are endless. They also keep changing over time. Children are no different!

Some children are actively involved in their day-to-day life without any additional requirements. Some will require extra help. This could range from simple emotional support to a large infrastructural change.

It is very common to always equate a child with special needs to a child with a disability. Not every child with special needs is disabled! Though the vice-versa is always true.

Special needs is an umbrella term for the extra requirement due to an underlying disorder. It could be due to an illness, impairment, disability, or psychological imbalance. A child with epilepsy, diabetes, HIV, etc., needs medicines to lead a normal life. A child who cannot see requires spectacles.

Adolescent age is a period that requires extra emotional support. A child who has difficulty in learning requires extra attention. A child with a deformed knee requires a brace or an assistive device to move around. A child with behavioural issues requires a psychologist's support. A child using a wheelchair may require an infrastructural modification like accessible classrooms, toilets, and ramps.

Needs vary and can range from simple to complex in nature. It can be something that can be addressed through a specialist or by technology or environmental change.

Orphaned, abandoned, and surrendered children with special needs also require additional support. Among them are children with underlying diseases, children who have experienced severe traumas, children with behavioural issues, learning disabilities, developmental delays, locomotor disabilities, and adolescents.

The goal is to ensure that special need is assessed,

understood, and addressed completely so they may have equal opportunity to reach their fullest potential.

Children with disabilities and developmental delays who require continuous support are evaluated and if necessary, a program is developed that contains services (individualized based on the child's specific needs) to enhance the child's developmental skills and encourage growth.

The important step is to be empathetic and understand their future dreams, find a solution that would lead them to their dreams by addressing all the special needs that arise on the way.

Ms Heavenna Babu Ex-PACT employee & a well-wisher

## **PROGRESS UPDATES**

- Kickstarted the screening program of 165+ CCIs and the sheltered children and identify their special needs.
- Conducted the first-ever digitized screening camp which helped us analyse real-time data.
- Assessed 2 CCIs for assistive devices.
- Reviewed programs in view of the strategy by the governing board internally and UnLtd India externally.
- Dhwani Foundation's team visited us as a part of the cohort selection process for the upcoming Niranthara Sahayak batch.

## **PACT Activities**

# REHABILITATION OF ORPHANED, ABANDONED, SURRENDERED CHILDREN'S TRAUMA AND SPECIAL NEEDS (ROOTS) PROGRAM

Name of the CCI	No. of children	No. of direct sessions	No. of Tele- rehab Sessions	Sessions delivered by caregivers	Total sessions
Sishu Mandir, Blr	13	22	-	692	719
ASG*, Hubli	7	21	86	532	639
ASG*, Kalburagi	5	-	112	118	230

<sup>\*</sup>ASG: Amulya Shishu Griha

#### WE INTEND NURTURE GIVING AND SUPPORT (WINGS) PROGRAM

Name of the CCI	No. of children	No. of direct sessions	No. of tele- rehab sesssions	Sessions delivered by caregivers	Total sessions
IJCH*	7	63	-	329	392
DSCAT**	6	105	-	53	158
Vani Vidyashraya	4	-	39	113	152

<sup>\*</sup>DSCAT: Divya Shanthi Christian Association and Trust \*\*IJCH: Infant Jesus Children's Home

#### **END MILE CONNECT (EMC) PROGRAM**

Name of the CCI	No. of new children screened		
St. Patrick's Home	40		
Sunshine Children's Home	19		
Government Boy's Home	5		
Antargange	6		





#### **PACT Activities**

#### Sensitisation of CCI Heads, Bangalore Urban

PACT is authorised by the District Child Protection Unit to visit CCIs in Bangalore and complete a situational analysis of the children - assessing their physical, mental, and psychosocial health. PACT will also provide rehabilitation services for the children identified with special needs, to support their holistic health and development.

The partnership made it possible to meet 52 CCI heads under the guidance of Ms Geethalaxmi, DCPO of Bangalore East on 17th December 2022. The session was led by Mr Reuban on the need for this program.

#### Leadership Summit by UnLtd India

Ms Merlyn Hilda from PACT India was in Delhi for 3 days to attend a leadership summit, part of the learning curriculum of Unltd India that is incubating us for 9 months. As we head the markings of 6 months, the summit was a way forward to get ready for the next. Twenty-two organizations have taken part in this program and made it successful. With them, we could learn the application of theory via different activities.

We hope to learn and enrich our organization as we prepare for the next monitoring and evaluation. Thank you, Unltd India, for incubating PACT.

#### Caregivers' Training

On request, the PACT team conducted Phase 1 of the caregivers training for Divyashanthi Christian Association Trust (DSCAT) on 7 Dec. An assessment of the 11 participant's current understanding was done through a pre-test. The group included nurses, doctors, and special school teachers.

Ms Vimala briefed the participants on the Juvenile Justice Act and POSCO Act. Mr Reuban familiarised them on the types of disabilities. The participants shared that having awareness and knowledge of the problems CwSN face along with the associated acts and laws that protect their rights made them feel more confident and better equipped to serve the children.



#### **Dhwani Foundation's Screening of PACT**

In November, Dhwani Foundation invited PACT as part of their sensitization for the next cohort of their coveted Niranthara Sahayak Organizational developmental program. They introduced us to Asteya Services and Guru & Jana, who provide services to manage NGO compliance, Finance & Accounting, HR, and MIS.

PACT was fortunate to be visited by the Dhwani team on 5th Dec 2022 as a part of their further screening process for the program. From the foundation, two people Mr Prahalad Rao, Master trainer and Mr Pavana Murthy, Manager visited for the needed analysis.

PACT's Joint Secretary Mr Govardhan Reddy, Advisory Member Mr Gana Kamal, and mentor Mr Nakkina were also present as a part of their assessment. We thank Dhwani Foundation for the opportunity and look forward to a meaningful & impactful engagement if we are selected.



## **FEATURED DONOR**



Mr Abhijit Chakraborthy, a benefactor of PACT's End Mile Connect rehab services was moved by our work and chose to support the Christmas programs celebrated by PACT this year. He had been receiving some of our therapeutic services at our rural centre for over 5 months after being paralyzed post a brain stroke. He is on the way to recovery. He and his family chose to spend a day in one of our partner CCIs. He is supported by his wife and two children.

His smile and patience during this tough phase of life are inspirational. We wish him a speedy recovery.



## **THANK YOU, DONORS**

Mr Kamal, representative from the Kingdom Builder community, for renewing your support.

Ms Kavya Nayak, our staff, for contributing to a need of one CCI.

Ms Doly Bokalial, Ph.D. research scholar for supporting a partner CCI's need.

Mr Sankar P, one of our founder's ex. Colleagues, for helping us with basic requirements for one CCI.

Mr Arun Paul, for helping us meet the expenses for necessary kitchen utensils for a CCI supporting CwSN.

Mr Ramakrishna Muvvala and Mr Govardhan Reddy for sponsoring a few kitchen needs of the Vani Vidhyashraya home.

# DONATIONS RECEIVED IN KIND

PACT's team was in dire need of a few IT gadgets like laptops, desktops, tablets, etc. Without these our operations were slow. Our mentor, Mr V R Nakkina kindly helped us with some requirements. We are now using the preloved desktop and tablet for faster service provision.

## **January - March Plans**

- Organise screening camps as per schedule 60
  CCIs targeted for this quarter.
- Reach out to donors and supporters through fundraising initiatives for the next operational year.
- Engage proficient volunteers for HR development.
- Identify and train interns for the rehab care work of OAS CwSN.

## PLEASE SPREAD THE WORD ABOUT PACT'S OPEN POSITIONS

## **OPEN JOB POSTINGS**

#### **Occupational Therapist**

Salary ranging from ₹30-35K per month (excluding incentives). Master's or Bachelor's degree holder, experienced or fresher may apply.

#### **Speech Therapist**

Salary ranging from ₹20-25K per month (excluding incentives). Bachelor's degree holder, fresher may apply.

**Job Location:** Bangalore. Including travelling to the rural community.

**Date of Joining: Immediate** 

Salaries will be finalized after the interviews and competency mapping.





## **INTERN WITH US**

We welcome students from social work and allied health care backgrounds who must complete internships as part of their curriculum.

Educational institutes wishing to send their students to PACT may reach us by emailing info@pactindia.org.

We have 1-month and 3- month structured internship programs and field placements.

We also provide certificates of appreciation post the successful completion of the internship.



Screening at St. Patrick's

## **Support PACT**

PACT India is committed to rehabilitating OAS children with special needs in CCIs. The Government of Karnataka has recognised our efforts and partnered with us to take the ROOTS program to CCIs in the state. We have also launched the WINGS and End Mile Connect programs to ensure no child is left behind. (More about these programs on our website <a href="https://www.pactindia.org">www.pactindia.org</a>.)

Together We Can.

Corporate and individual donors can adopt a CCI or sponsor the children's rehabilitation costs.



1 Orphanage's Healthcare Needs for a Year ₹22,500



1 Child's Healthcare Needs for a Month ₹575



1 Child's Assistive Training for a Month ₹550



Make an open donation for PACT to use the funds based on urgent and important needs

## **HOW TO DONATE**

For online donations:

https://pactindia.org/donate/

Scan with a UPI app:



#### For NEFT donations:

Account Name: Prakhyata Abhinand Charitable Trust

A/C No.: 0486073000000945

Bank: South Indian Bank

Branch: Kothanur

IFSC Code: SIBL0000486 Account type: Current

#### Did you know?

There are nearly 29.6M orphaned, abandoned and surrendered (OAS) children in India. And less than 10K child care institutes (CCI).

A significant percentage of these children have special needs. But lack of resources and training at CCIs has these children grow into "disabled" dependent adults.

This MUST change!

You can help.

## **CONTACT US**

## VOLUNTEER, DONATE & NURTURE

Please email your inquiry to info@pactindia.org.

Call us at +91-9379741933.

Visit <u>www.pactindia.org.</u>







Donations to PACT are eligible for 50% tax exemption under Section 80G of the Income Tax Act, India.